



**University Hospitals
Bristol and Weston**
NHS Foundation Trust

The Bridge SARC

The Bridge Adult and Children's Centre of Excellence
Sexual Assault Referral Centre

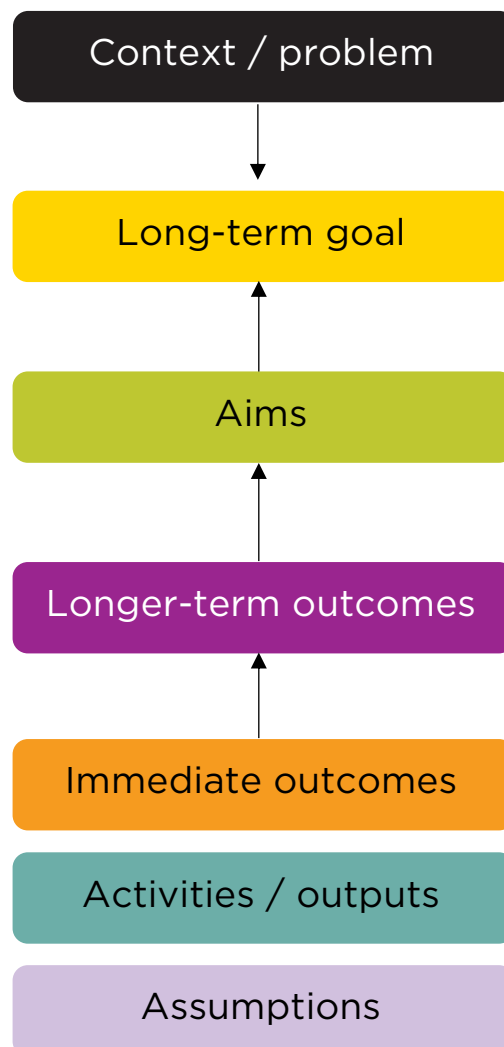
Theory of Change

University Hospitals Bristol and Weston NHS Foundation Trust

Theory of Change

“A theory of change is a description of why a particular way of working will be effective, showing how change happens in the short, medium and long term to achieve the intended impact”

(NCVO, 2020)



To enable adults, children and young people who have been raped, sexually assaulted, or sexually abused at any time in their lives to live healthier, hopeful lives, empowered by the support they have received

To provide bespoke early care, facilitate change and create a hopeful space at the earliest opportunity for the people we support

To improve other professionals' understanding and responses to the people we support

To promote excellent care for people we support by working collaboratively with other agencies

To build on our strengths, grow as a high-quality organisation and become an exemplar to others

To increase visibility and amplify the voice for everyone we support

People our service engages with experience less ongoing physical and psychological harm

People our service engages with are more knowledgeable about other services

Other professionals are more able to respond to the accounts people share

Other professionals are more able to provide a trauma-informed response in their settings

Other professionals are more confident in managing cases

Greater consistency for people who have been sexually harmed in accessing and receiving services

A stronger regional provision of services for people who have been sexually harmed

We are more able to offer a responsive service that meets individual needs

We achieve and maintain a high-quality service underpinned by lived experience that is evidence informed

We take active steps to mitigate climate change

People who have been sexually harmed are able to be more involved in service development

Views of people who have been sexually harmed and those who care for them are better heard and understood

Greater awareness of the needs of those who have been sexually harmed and those who care for them

People our service engages with feel better as a result of accessing our services (e.g., more hopeful, validated)

People our service engages with can access the health and wellbeing services they need in a timely manner

People our service engages with receive specialist, high-quality, compassionate, and trauma-informed care

Other professionals have a better understanding of how to provide trauma-informed care

Other professionals have a better understanding of how to respond to people sharing their accounts

Other professionals are better informed and supported on individual cases

Other agencies have better understanding of emerging needs, issues, and trends

Stronger networks with and across statutory and non-statutory services

People we support get a bespoke service

Achieve and maintain accreditation with forensic science regulator

A focus on addressing climate change

Engage with UHBW sustainability group

Seldom heard groups are better represented within our service

We celebrate the diversity of voices engaged with The Bridge

Amplify the voice of the people we support and the people that support them to influence change

People our service engages with have choices and options in what happens at the SARC

People our service engages with can make informed decisions about what happens next

Other professionals are more aware of us and the services we provide

Other professionals are more able to recognise signs and indicators of sexual harm and its impacts

We are more able to influence the training of other health professionals

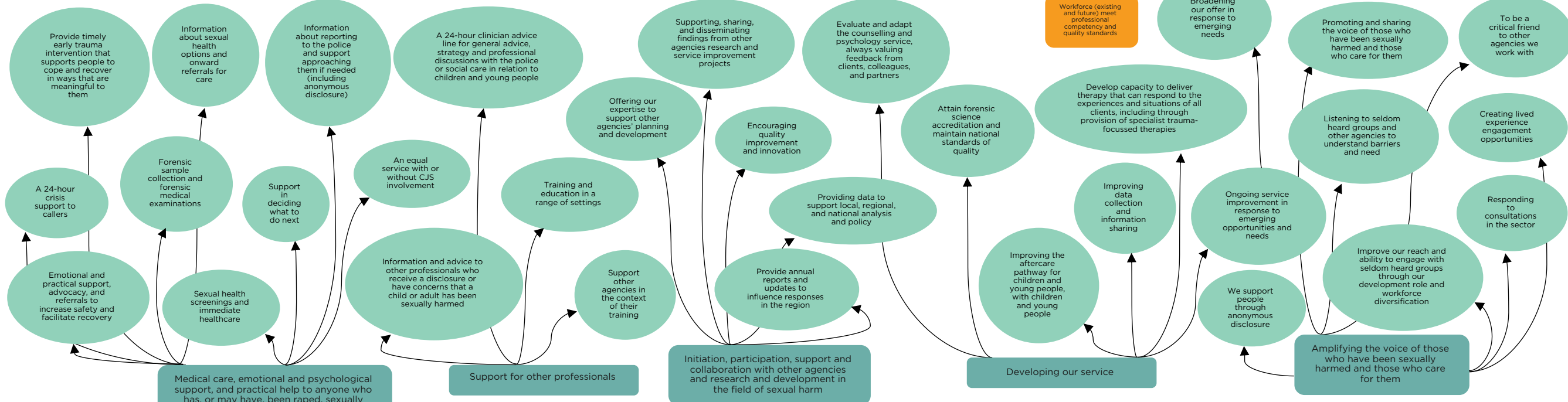
Every person our service engages with has a named crisis worker (which is clear to them and other professionals)

Our pathways for aftercare are clear and equal

A clear, safe, and responsive audit plan

More input and voice within policy and local and regional strategy

A reduction in barriers to accessing our service for all people and agencies across the region



This Theory of Change is based on our assumptions that:

- We have an adequate workforce and income to support service provision and development
 - Numbers of people our service engages with continues to increase
- Changes in the criminal justice system do not impact our work beyond current expectations
 - Other services around us continue to provide existing levels of support

